

MERIDIAN RIVERS OF CHI KINESIOLOGY ASSESSMENT

Student Name: _____

Course Dates: _____

CASE STUDIES

Students are required to complete **6 entire case studies** which are handwritten using the case study template form provided on next page (no typed case studies will be accepted). These must be completed outside of class and submitted to the assessor via email only in **one combined PDF document** for marking to achieve competency. **Please note no paper copies or photos of individual pages will be accepted.**

(10 marks per case study)

Meridian Case Study 1 out of 10

Meridian Case Study 2 out of 10

Meridian Case Study 3 out of 10

Meridian Case Study 4 out of 10

Meridian Case Study 5 out of 10

Meridian Case Study 6 out of 10

Total correct out of 60 Pass required 75% (45 correct)

MERIDIAN RIVERS OF CHI KINESIOLOGY SESSION SHEET

Practitioner Name: _____ Case Study #: _____

Client Initials: _____ Age: _____ Date: _____

Physical Symptoms: _____

Emotional Stressors:

Clear	Want to Feel

Pre-Checks: Hydration | Central Meridian | Brain Switching |

Nervous System: Correction _____ | Thymus ____% - ____%

Willingness statements: Stress? Yes / No Correction: _____

Connection Points: Spirit | Mind | Body-Heart | Earth

Goal/Context: _____

_____ **Best Goal?:** Yes / No

Stress on Goal/Context: _____ **Suppression:** I/C? Yes / No

Age of Cause or Age of Best Understanding (circle): Age _____

Involvement: Self | Male | Female | Parents | Everyone | Circumstance | Spirit | Other

Who/What?: _____

Test Alarm Points (light touch) = over energy, when I/C go through following process for each alarm point indicating.

MERIDIAN (circle): CV | GV | ST | SP | H | SI | BL | KD | PC | TW | GB | LV | LU | LI

Physical indications of imbalance: <i>(Read, only test if client says relevant)</i>	
Attributes:	

Emotions:	
Emotional indications of imbalance:	
Emotional indications of balance:	
Correction Remedies: <i>Challenge remedy:</i> - I/C do more of same remedy - No I/C, check for a different remedy, if required.	Meridian (circle): Trace / Walk / Stroke / Warm / Hold / Flush Acupressure Point: _____ Essential Oil: _____ Crystal: _____ Colour: _____ Nutrition: _____ Affirmation: _____ Activities/Spiritual Practices: _____ Sound: _____ Flower Essence: _____ Balancing Spray/Oil: _____ Oracle/Healing Card: _____ Nature's Healing Chi: _____ ESR / Other: _____
Recheck: (Tick)	<input type="checkbox"/> More Mode is clear. <input type="checkbox"/> "Attributes", "Emotions", words/phrases from "Emotional indications of imbalance", "Emotional indications of balance" all holding, ie. no stress. <input type="checkbox"/> Alarm Point for particular meridian is clear, ie. no I/C. If all clear move to next Alarm Point (meridian), if not use further remedies.

MERIDIAN (circle): CV | GV | ST | SP | H | SI | BL | KD | PC | TW | GB | LV | LU | LI

Physical indications of imbalance: (Read, only test if client says relevant)	
Attributes:	
Emotions:	
Emotional indications of imbalance:	

<p>Emotional indications of balance:</p>	
<p>Correction Remedies:</p> <p><i>Challenge remedy:</i> - I/C do more of same remedy - No I/C, check for a different remedy, if required.</p>	<p>Meridian (circle): Trace / Walk / Stroke / Warm / Hold / Flush</p> <p>Acupressure Point: _____</p> <p>Essential Oil: _____</p> <p>Crystal: _____</p> <p>Colour: _____</p> <p>Nutrition: _____</p> <p>Affirmation: _____</p> <p>Activities/Spiritual Practices: _____</p> <p>Sound: _____</p> <p>Flower Essence: _____</p> <p>Balancing Spray/Oil: _____</p> <p>Oracle/Healing Card: _____</p> <p>Nature's Healing Chi: _____</p> <p>ESR / Other: _____</p>
<p>Recheck: <input type="checkbox"/></p> <p>(Tick) <input type="checkbox"/></p> <p> <input type="checkbox"/></p>	<p>More Mode is clear.</p> <p>“Attributes”, “Emotions”, words/phrases from “Emotional indications of imbalance”, “Emotional indications of balance” all holding, ie. no stress.</p> <p>Alarm Point for particular meridian is clear, ie. no I/C.</p> <p>If all clear move to next Alarm Point (meridian), if not use further remedies.</p>

MERIDIAN (circle): CV | GV | ST | SP | H | SI | BL | KD | PC | TW | GB | LV | LU | LI

<p>Physical indications of imbalance:</p> <p><i>(Read, only test if client says relevant)</i></p>	
<p>Attributes:</p>	
<p>Emotions:</p>	
<p>Emotional indications of imbalance:</p>	
<p>Emotional indications of balance:</p>	
<p>Correction Remedies:</p>	<p>Meridian (circle): Trace / Walk / Stroke / Warm / Hold / Flush</p>

<p><i>Challenge remedy:</i> - I/C do more of same remedy - No I/C, check for a different remedy, if required.</p>	<p>Acupressure Point: _____ Essential Oil: _____ Crystal: _____ Colour: _____ Nutrition: _____ Affirmation: _____ Activities/Spiritual Practices: _____ Sound: _____ Flower Essence: _____ Balancing Spray/Oil: _____ Oracle/Healing Card: _____ Nature's Healing Chi: _____ ESR / Other: _____</p>
<p>Recheck: (Tick)</p>	<p><input type="checkbox"/> More Mode is clear. <input type="checkbox"/> "Attributes", "Emotions", words/phrases from "Emotional indications of imbalance", "Emotional indications of balance" all holding, ie. no stress. <input type="checkbox"/> Alarm Point for particular meridian is clear, ie. no I/C. If all clear move to next Alarm Point (meridian), if not use further remedies.</p>

Recheck: (Tick)

- Area of involvement is clear, ie. no I/C.
- Age of cause or best understanding is clear, ie. no I/C.
- Suppression is clear, ie. no I/C.
- Physical symptoms clear, ie. no I/C.
- Goal / context is clear, ie. no I/C on emotional stressors.
- Stress on goal has reduced. Stress level now: _____

Home reinforcement: _____

Other Comments: _____

Participant Feedback: _____

Record information and ‘the story’ on relevance of what tested up including remedies in relation to client’s physical symptoms, emotional stressors and goal/context:

End of Meridian Rivers of Chi Kinesiology balance