

TRANSPERSONAL CHAKRA KINESIOLOGY

MULTIPLE CHOICE ASSESSMENT

Circle one answer to the following 40 x multiple choice questions. Each correct answer is worth 1 point. Possible score 40. Pass mark required 75% (30 correct).

1. The Transpersonal Chakras are

- A a scientifically mapped pipeline of energy
- B whirling energy centres in our energy body
- C a loss of stamina in the body
- D someone's view of your energy

2. The Transpersonal Chakras are located

- A four above the head, two below the feet
- B six above the head, none below the feet
- C three above the head, three below the feet
- D five above the head, one below the feet

3. How is colour used in Transpersonal Chakra Kinesiology

- A colour of a meridian, element, chakra or aura
- B specific colour from a colour chart
- C Chromotherapy Colour Light Torch, Colour Therapy Glasses
- D all of the above

4. Spiral energy is

- A a sacred symbol that represents the journey and change of life as it unfolds
- B the format of a tree
- C representative of freedom and lightness
- D changing your perspective

5. The order of the Transpersonal Chakras from ground to head is

- A Divine Gateway, Universal, Stellar Gateway, Soul Star, Earth Star, Causal
- B Earth Star, Stellar Gateway, Causal Universal, Soul Star Divine Gateway
- C Earth Star, Causal, Soul Star, Stellar Gateway, Universal, Divine Gateway
- D Divine Gateway, Universal, Stellar Gateway, Earth Star, Causal, Soul Star

6. The colours of the Earth Star Transpersonal Chakra is

- A Green, Blue, Yellow
- B Shimmering White, Pearly White
- C Black, Brown, Maroon
- D Pure Gold, Golden Orange

7. The Causal Transpersonal Chakra is located
- A 1-5cms behind the centre back of the head
 - B 6-7cms behind the centre back of the head
 - C 6-7cms behind the centre front of the head
 - D 8-10cms behind the centre back of the head
8. Emotions associated with the Soul Star Transpersonal Chakra are
- A Change, Create, Essence, Identity and Patterns
 - B Complete, Connection, Oneness, Source and Truth
 - C Acceptance, Balance, Centred, Fear and Harmony
 - D Clarity, Comfort, Focus, Flow and Silence
9. Four Essential Oils associated with the Stellar Gateway Transpersonal Chakra are
- A Amber, Palo Santo, Petitgrain & Vetiver
 - B Eucalyptus, Fragonia, Nerolina and Tangerine
 - C Cinnamon, Clary Sage, Jasmine and Lemongrass
 - D Cistus, Black Pepper, Green Tea and Tea Tree
10. An affirmation related to the Universal Transpersonal Chakra is
- A Bliss is my new way of being
 - B I am happy in my life
 - C I feel grounded in my entire being
 - D I accept what is happening in my life
11. What are the Connections for the Divine Gateway Chakra
- A Archangel Christiel, Moon and Unicorn Energy
 - B The Creator, God Consciousness, Divine Source, Beyond to higher realms
 - C Ancestors, DNA, Fairy Magic, Mother Gaia, Planet Earth
 - D Archangel Metatron, Great Central Sun, Planet Mars, Solar System, Stars
12. What is the Spiritual Lesson of Earth Star Chakra?
- A Belonging on Earth
 - B Complete oneness
 - C Integrating lessons learned in prior lives
 - D Transcending Karma

13. What is the purpose of the Causal Chakra?

- A Spiritual enlightenment
- B Balance, grounding, protection
- C Communication, Guidance, Support
- D Mental Clarity, focus and flow

14. The Transpersonal Chakra that relates to the Solar System is

- A Soul Star Transpersonal Chakra
- B Stellar Gateway Transpersonal Chakra
- C Universal Transpersonal Chakra
- D Divine Gateway Transpersonal Chakra

15. What does the Soul Star Chakra embrace?

- A Soul Revitalisation
- B Soul Energy
- C Soul Realisation
- D Soul Purpose

16. The Universal Transpersonal Chakra is located

- A Above the Stellar Gateway Chakra, more than 50cm above the crown of the head
- B Above the Soul Star Chakra, more than 30-45cm above the crown of the head
- C 15cms or a hand width above the crown of the head
- D 8-10cms behind the centre of the back of the head

17. The Transpersonal Chakra connected to Archangel Christiel is

- A Soul Star Transpersonal Chakra
- B Stellar Gateway Transpersonal Chakra
- C Earth Star Transpersonal Chakra
- D Causal Transpersonal Chakra

18. The Transpersonal Chakra also known as the 'Star Chakra' is

- A Earth Star Transpersonal Chakra
- B Causal Transpersonal Chakra
- C Soul Star Transpersonal Chakra
- D Stellar Gateway Transpersonal Chakra

19. The Prana for the Stellar Gateway Transpersonal Chakra is

- A Golden Sun
- B Golden Ray
- C Golden Mountain
- D Golden Connection

20. The energy of the Universal Transpersonal Chakra is

- A Yin
- B Yang
- C 8 Extras
- D Prana

21. 'Acceptance of where you are at' is a Quality of the

- A Causal Transpersonal Chakra
- B Soul Star Transpersonal Chakra
- C Earth Star Transpersonal Chakra
- D Stellar Gateway Transpersonal Chakra

22. When activated the Causal Transpersonal Chakra

- A Opens doorways to the infinite light, information and beyond
- B Maintains connection with one's Soul and enables the mind to stay clear and focused
- C Becomes the direct line to the Divine Source and begins channeling divine light into the Soul Star to be filtered throughout the entire body
- D Dissolves ego and brings a state of be-ing, full awareness and acceptance, surrendering to the flow.

23. The Soul Star Transpersonal Chakra mode testing position is

- A Below soles of feet
- B Behind back of head towards crown
- C A hand width above the crown of the head
- D Further beyond Stellar Gateway Chakra (as far as can reach) and point fingers up towards the universe above.

24. The Transpersonal Chakra that Embraces Soul-Acceptance is

- A Earth Star Transpersonal Chakra
- B Universal Transpersonal Chakra
- C Soul Star Transpersonal Chakra
- D Stellar Gateway Transpersonal Chakra

25. Which Transpersonal Chakra is related to the Crystals; Angelite, Clear Calcite, Diamond, Opal, Pearl and Silver

- A Earth Star Transpersonal Chakra
- B Soul Star Transpersonal Chakra
- C Universal Transpersonal Chakra
- D Stellar Gateway Transpersonal Chakra

26. Emotions associated with the Divine Gateway Chakra are

- A Connection, Inner Peace, Oneness and Stillness
- B Acceptance, Balance, Centred and Harmony
- C Comfort, Focus, Flow and Silence
- D Create, Essence, Identity and Patterns

27. The colours associated with the Causal Transpersonal Chakra are

- A Black / Brown / Maroon
- B Metallic Silvery White
- C Shimmering White / Pearly White
- D Pure Gold / Golden Orange

28. What is the only Yang Transpersonal Chakra?

- A Earth Star Transpersonal Chakra
- B Soul Star Transpersonal Chakra
- C Universal Transpersonal Chakra
- D Stellar Gateway Transpersonal Chakra

29. The Prana of the Soul Star Chakra is

- A Rose-Red Ray
- B Diamond Orb Sparkle Ray
- C White Ray
- D Golden Ray

30. The two Transpersonal Chakras related to Etheric Template Aura are

- A Earth Star & Soul Star Transpersonal Chakras
- B Universal & Divine Gateway Transpersonal Chakras
- C Causal & Earth Star Transpersonal Chakras
- D Soul Star & Stellar Gateway Transpersonal Chakras

31. Which Transpersonal Chakra that helps you to Embrace 'Divine light and Spiritual truth'?

- A Earth Star Transpersonal Chakra
- B Divine Gateway Transpersonal Chakra
- C Causal Transpersonal Chakra
- D Stellar Gateway Transpersonal Chakra

32. The Soul Star Transpersonal Chakra is connected to

- A Archangel Metatron
- B Archangel Mariel
- C Archangel Christiel
- D Archangel Michael

33. Which Transpersonal Chakra physically governs the fluid in the body, particularly blood?
- A Earth Star Transpersonal Chakra
 - B Divine Gateway Transpersonal Chakra
 - C Causal Transpersonal Chakra
 - D Soul Star Transpersonal Chakra
34. What is a common name for the Universal Transpersonal Chakra?
- A 9th Chakra; Lunar Chakra
 - B 10th Chakra; Solar Chakra
 - C 11th Chakra; Cosmic Chakra
 - C 12th Chakra; Source Chakra
35. Which Transpersonal Chakra opens the doorway to allow our Soul to explore and travel to higher realms, different worlds, dimensions and whatever lies beyond?
- A Earth Star Transpersonal Chakra
 - B Divine Gateway Transpersonal Chakra
 - C Causal Transpersonal Chakra
 - D Soul Star Transpersonal Chakra
36. What is a Spiritual Practice related to the Divine Gateway Transpersonal Chakra?
- A Be your authentic true self and the Universe will support you
 - B Do something nice to someone else and talk with others
 - C Create a bucket list for this life time
 - D Plant a seed, nurture it and watch it grow
37. Which Transpersonal Chakra's purpose is responsible for rooting the personal and transpersonal parts of one's soul to the Earth's molten core of iron through the Earth's electromagnetic field and anchors our plane of existence?
- A Earth Star Transpersonal Chakra
 - B Divine Gateway Transpersonal Chakra
 - C Causal Transpersonal Chakra
 - D Soul Star Transpersonal Chakra
38. Which Transpersonal Chakra is related to Unicorn energy?
- A Universal Transpersonal Chakra
 - B Divine Gateway Transpersonal Chakra
 - C Causal Transpersonal Chakra
 - D Soul Star Transpersonal Chakra

39. What is the Spiritual Lesson of the Stellar Gateway Transpersonal Chakra?

- A Belonging on Earth
- B Integrating lessons learned in prior lives
- C Complete oneness
- D Transcending Karma

40. The Transpersonal Chakras are

- A Chakras that transcend the realms of the incarnated personality
- B Whirling energy centres in our energy body that digest, purify, and transform the subtle energies in our environment in order to energise our entire being
- C formed with a mixture of ethereal, astral and mental substances
- D All of the above

Total correct out of 40 Pass required 75% (30 correct)